**2019**

**Nippon Karate-do Hayashi-Ha Shito Ryu Kai**

**Overseas Instructors Seminar and Dan exam**

**Details**

**Date/Time:** Dec 9 (Mon) ～ Dec 13 (Fri) (Daily from 9:00 a.m. to 4:00p.m.)

Dan exam is Dec 13(Fri) in morning

**Venue:** Edion Arena Osaka ( Dai 2 Kyogijo & Judo Dojo)

Osaka City, Naniwa Ku, Naniwa Naka, 3-3-36

(Tel: 06-6631-0121)

**Fee:** USD$ 220 per person. Each country’s headquarters will pay by cash at the reception on the first day of the seminar according to the numbers of their participating members.

**Application**: Please fill in the attached form and send it to:

[kuromon\_san@yahoo.co.jp](mailto:kuromon_san@yahoo.co.jp) (Yamaguchi)

**Chief Coordinator**：International Instructors Chairman

Nagatomo　Kenichiro（Cell phone：090-3717-4126）

**Application deadline**：No later than 5:00 p.m. on October 31（Thu）

**※Please note:**

　①All participants/teams are responsible for arranging their own meals and accommodation.

　②Participants must attend all seminars throughout the 5 days.

③Branches that have not paid their 2019 Hayashi-Ha Branch Membership Fees will be deemed as ineligible to participate in this seminar.

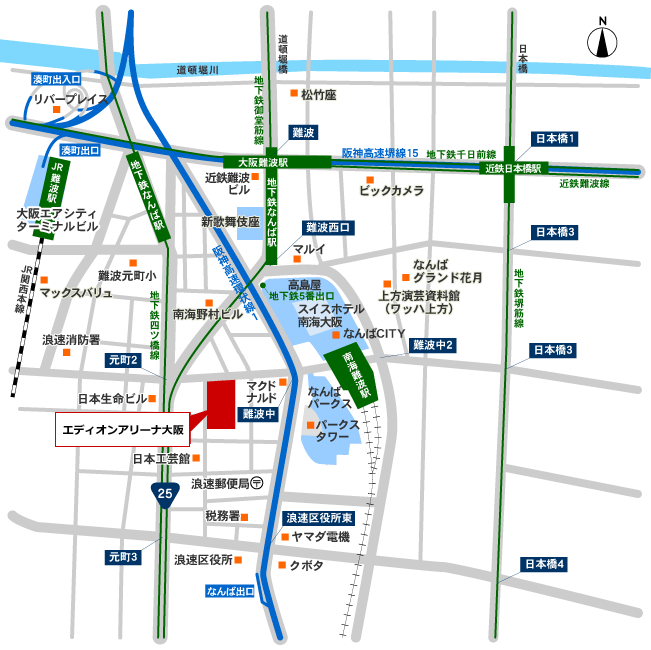
　④Only include the names of those participating in the seminars in the application list.

　⑤If members will be planning to take the Dan exam, please submit a list of 4dan or more. Dan exam 4dan ～ 8dan.

**（Schedule）**

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| --- | --- | --- | --- | --- | --- |
|  | Dec 9 (Mon) | Dec 10 (Tue) | Dec 11(Wed) | Dec 12 (Thu) | Dec 13 (Fri) |
| 9.00～10.00 | Reception：Opening Ceremony | Stretching/Exercises | Stretching/Exercises | Kobudo Basics | Stretching/Exercises |
| 10.00～12.00 | Basics | Kata | Kata | Kobudo | Dan Exam (4～8dan) |
| 12.00～13.00 | Lunch | Lunch | Lunch | Lunch | Lunch and leader’s meeting |
| 13.00～16.00 | Kata | Kata | Kata | Kobudo | Kata：Closing ceremony |
| Venue | Judo Dojo | Dai 2 Kyogijo | Dai 2 Kyogijo | Dai 2 Kyogijo | Judo Dojo |

**Map of the Osaka Edion Arena**



* 350m from the Namba Subway Station, Number 5 Exit
* 600m from Osaka Namba Station
* 250m from the South Exit of Nankai Namba Station
* 800m from the JR Namba Station
* 350m from the Osaka City Bus Service, Namba Bus Stop
* Roughly a 5 minute drive from the Namba Exit of the Hanshin (Motor) Expressway)